

September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Milk is included with all menus	All Breakfasts include fruit or juice		1 BR: Cheese Stick, Bun L: Quesadilla, Lettuce, Refried Beans, Pineapple, Cookie	2 BR: Muffin, Cereal L: Hot Dog/Bun, Baked Beans, Sweet Potato Fries, Pears	3
4	5 NO SCHOOL	6 BR: Poptart, Cereal L: Hot Ham & Cheese, Sun Chips, Peas & Carrots, Mixed Fruit	7 BR: Breakfast Bar, Cereal L: Chicken Tenders (H.S.-Bun), Corn, French Fries, Mand. Oranges	8 BR: Tornado's L: Tater Tot Casserole, Garlic Bread, Green Beans, Peaches	9 BR: Bagel Bites L: Pizza, Lettuce, Broccoli, Applesauce	10
11	12 BR: Yogurt, Cereal L: Chicken Patty/Bun, French Fries, Green Beans, Mixed Fruit	13 BR: Cheesy Pull-apart Bread, Cereal L: Taco, Refried Beans, Bread Stick, Oranges	14 BR: Cinnamon Mini L: Sloppy Joe, Baked Beans, Tri Tater, Peaches	15 BR: Cereal Bar, Cereal L: Chicken Drumstick, (H.S.-Bun), Mashed Potatoes, Corn, Pears	16 BR: Long John L: Corn Dog, Sweet Potato Fries, Broccoli, Pineapple	17
18	19 BR: Muffin Loaf, Cereal L: Pulled Pork Sandwich, Baked Beans, Tropical Fruit	20 BR: Smore Bar, Cereal L: French Toast, Sausage Patty, Hashbrown, Juice	21 BR: Rice Krispie Bar, Cereal L: Meatball Sub, Tri Tater, Broccoli, Pineapple	22 BR: Poptart, Cereal L: Spaghetti, Garlic Bread, Green Beans, Peaches	23 BR: Mini Donuts L: Hamburger or Cheeseburger, Chips, California Blend, Mand. Oranges	24
25	26 BR: Cereal Bar, Cereal L: Chicken Nuggets, Bun, Sweet Potato Fries, Peas & Carrots, Pears	27 BR: Cheese Stick, Bun L: Nachos, Refried Beans, Bread Stick, Tropical Fruit	28 BR: Cinnamon Roll L: Turkey & Cheese Sandwich, Chips, Peaches, Carrots, Cookie	29 BR: Breakfast Sandwich L: Chicken Noodle Casserole, Bread Stick, Green Beans, Mand. Oranges	30 BR: Cereal Bar, Cereal L: Pizza, Lettuce, Broccoli, Applesauce	